BREAKFAST MENU

Please order & pay @ the front counter



Grilled asparagus & poached egg on beetroot + fennel toast w/macadamia + pistachio dukkah, hummus, beetroot dip and charcoal lavosh	21.5
Potato rosti w/ smoked salmon <u>or</u> bacon <u>or</u> portobello mushroom, avocado, poached egg & hollandaise <u>GF</u>	20 15(small)
Traditional oat porridge w/ rhubarb & apple compote, cinnamon poached pear and walnut + almond crumble	15 (soy add 2)
Mango & raspberry chia bircher w/ toasted coconut & granola or GF muesli	15
Three egg omelette w/ wilted greens& relish with the choice of two fillings: bacon, mushroom,goats cheese & smoked salmon	18
Smoked salmon & poached egg on rye toast w/ broccolini, smashed avocado, spinach & macadamia dukkah	20
Sourdough toast w/ house made jam	5
Banana & ricotta pancakes w/ mixed berry compote, salted honey butter and maple syrup	18.5
House made baked beans w/ crispy pancetta, poached egg & Red Hill goats cheese and toasted ciabatta	18.5
Eggs - poached or scrambled or fried on sourdough toast	10
Mexican brekkie – scrambled egg, guacamole, corn & jalapeno salsa, corn tortillas, spicy tomato salsa <i>(deconstructed)</i> GF add bacon + 4.5	19
Avocado & Red Hill goats cheese w/ grilled tomato & poached egg on sourdough	18
House made granola w/natural yoghurt & seasonal fruit	13
Big breakfast – bacon, eggs, mushrooms, tomato, avocado, wilted greens, potato rosti, sourdough toast & house made relish	23

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Avocado 4.5	Wilted greens 4	Tortillas 2
Bacon 4.5	Sourdough toast 3	Hollandaise 2
Tomato 4	Ham off the bone 5	Relish 2
Mushrooms 4	Potato rosti5	Vegemite 1
Egg 3	Broccolini4	Jam 2
Goats cheese 6	Smoked salmon 7	Peanut butter 1.5
Baked beans 6	Guacamole 5	

DRINKS MENU

IKOPICAL DELIGHT	
Orange, pineapple, mango, passionfruit, coconut water & fresh mint	9
ACAI & MIXED BERRY	9
Acai, banana, almond milk & cinnamon	
MANGO, BANANA & COCONUT Mango, banana, coconut water, almond milk & cinnamon	9
SUMMER BERRIES	9
Banana, mixed berries, natural yoghurt, honey & milk	
PINEAPPLE, GINGER & LEMONGRASS	9
Pineapple, ginger & lemongrass tea, apple, fresh ginger	
BANANA & NUTELLA	9
Banana, Nutella, ice-cream & milk	
CLASSIC BANANA	9
Banana, ice-cream, milk & honey	
MILKSHAKE	8
Chocolate / Vanilla / Caramel (soy or almond milk + 1.5)	
ICED COFFEE / ICED CHOCOLATE	6.5
(soy or almond milk +1.5)	
ESPRESSO SHAKE	9.5
Adore Coffee – Jackson 5 espresso, ice-cream & milk (soy or	
almond milk +1.5)	0 -
FRESH JUICE	6.5
Ask at the counter for our daily fresh mixes	